SEQUOYAH HIGH SCHOOL

JROTC RAIDER TEAM 2015-2016

GENERAL INFORMATION

The first practice is Friday 14 August from 4 P.M. to 5:30 P.M.

The first parent meeting is Friday 14 August at 4:30 P.M. in the JROTC classroom.

Raider practice attire is a military style camouflage long sleeve overshirt and cargo type trousers long enough to be tucked in to boots. A short sleeve athletic shirt and athletic shorts with appropriate socks are worn UNDER the required camouflage clothing.

Military boots will be issued, but Raiders must bring and wear running shoes to each practice.

The long-sleeved and long-legged clothing is to protect Raiders from cuts, splinters, abrasions, and insects as they practice.

Raider shirts for competitions and personalized hoodies may be ordered the first week of school.

RAIDER REQUIRED EQUIPMENT LIST:

1) Proof documentation of TSSAA physical before the first competition.

2) Practice gloves – must be with leather palm and fingers. It is preferred that they fit closely around the hands and be secured by a wrist strap. Mechanics gloves are the best type.

3) Set of long-sleeved and long-legged camouflage, military style clothing. It can be any type, from any country, any military style, any pattern of camouflage, or of any color. The set does not have to match.

4) Two large cans of spray insecticide 8 ounces or larger for common use.

5) One large can of sunscreen 8 ounces or larger for common use.

6) One bottle of water or sports drink FOR EACH PRACTICE.